

Winter Issue

2011

Wooster Community Hospital

www.woosterhospital.org



Celebrating the Season

WOOSTER COMMUNITY HOSPITAL

1761 Beall Avenue • Wooster, Ohio • 330.263.8100



Newsletter
Winter 2011

Each year, the hospital is decorated for Christmas in a beautiful, traditional fashion. Our Wooster Community Hospital Auxiliary provides this, with help from the hospital's maintenance staff and friends from the Nick Amster Workshop.

Thank you WCH Auxiliary for 60 years of hospital support, 1951-2011.



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The Winter 2011 Community Newsletter is a promotional publication of Wooster Community Hospital. The intention of this newsletter is to provide the reader general information about services available at Wooster Community Hospital and not a substitute for consultation with a personal physician.

Giving Thanks

As we approach the holiday season and the end of another year, it seemed appropriate to use this column to simply say THANK YOU.

At times, with the many balls we try to juggle (some prefer the term multi-tasking), we don't ever pause to count our blessings and share our gratitude with those around us. Things seem to be more hectic and stressful each day yet, when we take the time to look around, we have accomplished many positive things.

2011 has been a very busy and successful year at Wooster Community Hospital and our entire "system." We have continued to expand services, completed several construction projects, and achieved certifications in important areas such as cancer care and total joint care. Since 2008, we have spent more than \$33 million dollars on construction projects, and capital equipment and improvements. These are local funds reinvested in our City. In a difficult economic environment, we remain excited about the opportunities before us, and expect more growth in the coming years.

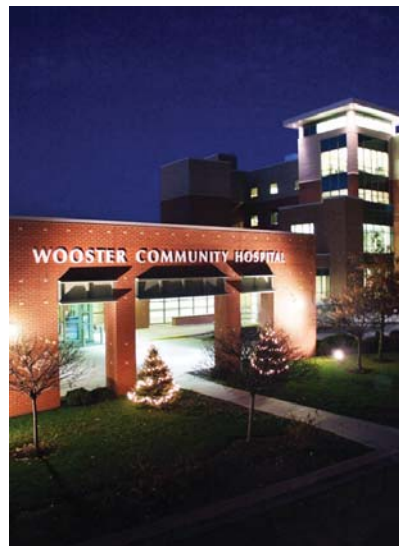
The list of "thank you" recipients is a long one. To start, thanks to our dedicated Board for their time, prudent stewardship and direction. Your vision and support keep us on course. Thanks to our excellent physicians for their commitment to patient care in a changing and difficult healthcare environment. Thanks to our remarkable employees, who distinguish themselves daily and work diligently to improve the experience for all of our patients - in the hospital, at HealthPoint or in the home setting.

Thanks, too, to our wonderful WCH Auxiliary for the many hours they serve, and the funds they raise to benefit our patients. We also appreciate those who volunteered to work in the hospital garden, which provides fresh, locally grown vegetables and fruits to our patients. We are grateful to our partners from Nick Amster, and to the growing number of employees in our Bloomington Medical Services.

Finally, thanks to our patients, and family members, for placing your trust in Wooster Community Hospital. We assure you that we do not take your choice of hospitals for granted, that we listen to your concerns, and that you will never be a "number" at our hospital. We see ourselves as your health resource, and not only a hospital.

There is, indeed, much to be thankful for this holiday season. This newsletter shares some of our progress and recent accomplishments. We wish you the best and thank you for giving us the opportunity to serve you.

▪ Bill Sheron



Every mother and baby is special to us.



Approximately
1,000
mothers
choose to
deliver their
babies at
WCH
each year.

**WCH named
the second-best
women's health
unit in the
nation.**

*- July 2010
Cerner Corporation*

We knew when The Women's Pavilion opened in 2006 that it would provide a beautiful environment to continue the Wooster Community Hospital tradition as the place to have your baby. By combining the best of healthcare technology with our caring and knowledgeable staff in this new environment, new mothers would have all the comforts they needed and deserved.

Well, it has happened. Approximately 1,000 mothers have continued to come to WCH for The Women's Pavilion experience each year, but they are coming from all over the northeast Ohio region now.

The Women's Pavilion is a family-centered, modern facility. Our private rooms provide a home-like environment in which families receive one-on-one care from nurses who have specialized in maternity care. We encourage our moms to have their newborn babies with them as much as possible, but our nursery also provides 24-hour newborn care.

Parents receive education about newborn care, self-care, and more. In addition to a newborn portrait session, we provide a special celebration meal for our parents. Our childbirth, sibling, and breastfeeding classes are very popular and provide support and education.

If you would like more information about the Women's Pavilion, contact us at 330.202.5540. For class information, please call 330.202.5548.

Stroke Symptoms + Fast Treatment = Better Outcomes

In 2009, Wooster Community Hospital was the first Certified Primary Stroke Center in the Wayne County region. The hospital achieved this prestigious designation by meeting all required standards for stroke care and patient safety. The Joint Commission (TJC) recognizes healthcare facilities that make exceptional efforts to foster best outcomes for stroke care. The achievement of this certification status reinforces the commitment of our physicians and staff to comply with demonstrated standards that have been proven to improve outcomes for stroke patients.

Ron Becker from Smithville learned about our Primary Stroke Center first hand on July 27, 2009 when he asked his wife Jenny to call 911 because he didn't feel right and became dizzy along with a sense of extreme tiredness. Ron didn't know what was happening but his wife, who is a nurse, suspected what might be wrong with her husband.

Ron arrived at Wooster Community Hospital and the Stroke Team was ready and began treatment immediately. He was stabilized and kept for two days and then was transferred to Akron Medical Center in Akron, Ohio for surgery. After surgery, Ron returned to Wooster Community Hospital's Inpatient Rehabilitation Unit to recover and rehabilitate. He says the doctors and nurses at both hospitals communicated well and he never felt his care was interrupted in any way. Ron says that besides prayer, what helped him the most during his recovery were the positive attitudes of his nurses and therapists. They were always encouraging him and that kept his spirit up.

Michael Ohl is another stroke survivor. He and his wife Carol live on over 35 acres of beautiful wooded land in Nashville, Ohio. On April 24, 2011, Carol found Mike lying on the floor beside the bed in the early morning hours. He was semi-conscious, confused and showing signs of having had a stroke.

Mike's doctor is located in Wooster, so they asked the emergency personnel to take him to Wooster Community Hospital; the EMS personnel agreed that WCH would be ideal because WCH is a Primary Stroke Center. When Mike Ohl arrived at Wooster Community Hospital's emergency department, the Stroke Team had been notified and was waiting. He was stabilized and moved to the Intensive Care Unit where he remained for five days. Mike was then transferred to the Progressive Care Unit then moved to the Inpatient Rehabilitation Unit where he spent 6 weeks recovering and rehabilitating.

Mike has a very positive attitude and the staff found him pleasant to work with. He appreciated the care he received from the nursing staff and the physical, occupational and speech therapists. During the time Mike spent on the rehab unit he regained many of his abilities including the recovery of his speech. Mike went home and utilized home health and continued outpatient therapy at HealthPoint.

These patients demonstrate the need for a Primary Stroke Center at Wooster Community Hospital. A stroke can happen to anyone at any time. Wooster Community Hospital is always exploring new ways to better serve our patients.

▪ Gerri Cremer

Wayne County's 1st Certified Primary Stroke Center

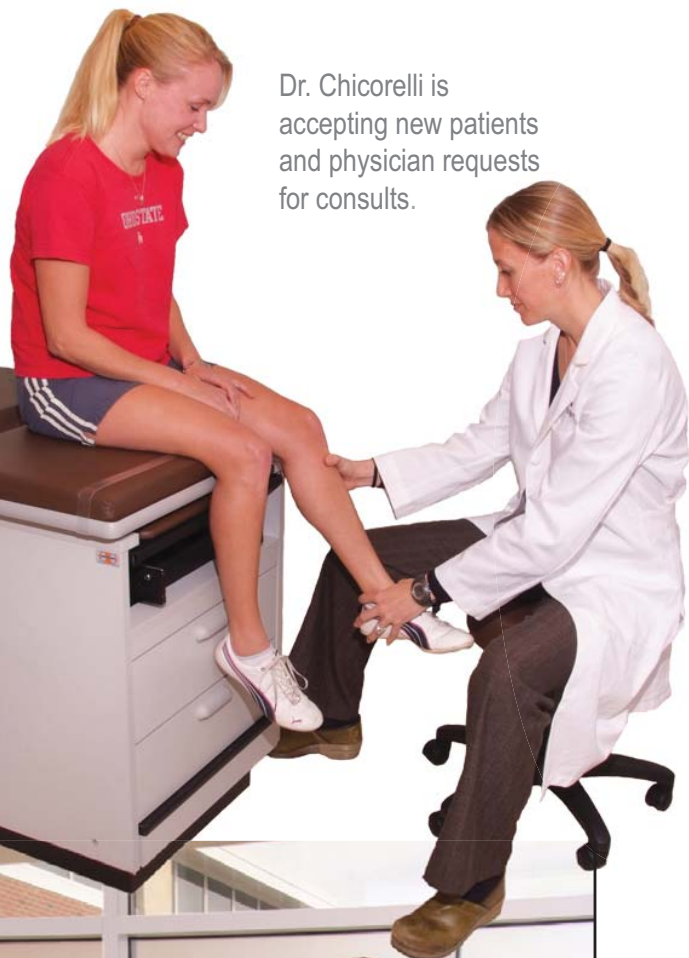


“Primary Stroke Center” demonstrates that a hospital is prepared to provide consistently high-quality stroke care – and that the hospital delivers it. **Wooster Community Hospital pursued this certification, recognizing the care a person receives soon after the first symptoms of stroke can have a drastic impact on their outcome.**

3727 Friendsville Road, Suite 5

New Orthopaedic Practice at HealthPoint

Dr. Chicorelli is accepting new patients and physician requests for consults.



Dr. Anne Marie Chicorelli arrived in Wooster in October, 2011 with enthusiasm for her new position in the practice of Sports Medicine and Orthopaedics. When she saw a position open with The Ohio State University Medical Center as a collaboration with award-winning Wooster Community Hospital it looked like a perfect fit for her. She was married in December 2010, to a former Kent State University classmate who is a Financial Services Advisor. She will be in Wooster full-time but will spend time at OSU in Columbus, teaching and doing research. Dr. Chicorelli is aptly described by her colleagues as being very outgoing, confident and down-to-earth with strong communication skills. She is easy to engage in conversation and is a good listener as well. She prides herself on her organizational skills which she attributes to her military father.

Dr. Chicorelli is proficient in Arthroscopic Surgery, a minimally invasive surgical procedure which involves making a small comma-sized incision, then viewing and doing repairs through a scope. Arthroscopic procedures can be performed either to evaluate or treat many conditions including shoulder, wrist, elbow, hip, knee and ankle. Some of these procedures will be new to our community. Procedures offered include ACL (knee ligament) reconstruction in skeletally immature children, adolescents and adults, and shoulder repairs for instability, labral (shoulder tears) and rotator cuff tears. She also offers joint preservation treatments for older adults.

An important part of the doctor's practice will focus on Sports Medicine. During her Residency in Orthopaedic Surgery at Philadelphia College of Osteopathic Medicine, she had specialty rotations at Shriners' Hospital for Children and St. Christopher's Hospital for Children in Philadelphia. From August 2010 to July 2011 she was awarded a postgraduate





Fellowship in Sports Medicine at Harvard Children's Hospital Boston/New England Baptist Hospital. Dr. Chicorelli feels that "kids are not little adults, shouldn't be evaluated as adults but should be evaluated as kids by a Sports Medicine Physician".

From the day she was born in Lakenheath, England, to the day she arrived in Wooster to begin her practice, Anne Marie Chicorelli has had a remarkable journey. Part of a military family, she has lived in many places both here and abroad. When she graduated from Old Mill High School in Millersville, Maryland she received the prestigious Nike High School Basketball First Team All-American award. At Kent State University with a scholastic/academic scholarship, Dr. Chicorelli won numerous awards. In women's basketball, she was twice named Gatorade player of the game, was USAA All-American, Who's Who in Collegiate Sports, Who's Who in American Colleges and Universities and was named to the National College Athletes Honor Society, Chi Alpha Sigma. As team captain in her senior year, she led the KSU Women's Basketball Team to a Mid-American Conference Championship and an undefeated season. Other academic achievements included being named to the Dean's List and President's List for each year she attended KSU. Graduating cum laude with a B.A. in Pre Med and Biology, her sights were set on entering medical school.

However, Dr. Chicorelli had to take a detour on her journey. After being seriously injured in an automobile acci-

dent, she felt she needed a break before taking on the rigorous demands of medical school. She enrolled in the University of Maryland graduating in May 2001 with a Master of Public Health. She describes the time spent in Public

Health as a good experience because it gave her an opportunity to interact with people on different socioeconomic levels and she felt she gained a new perspective on evaluating the individual as a whole person.

It was then time for Medical School at Philadelphia College of Osteopathic Medicine to earn her Doctor of Osteopathy (D.O.). Next, an internship in General Surgery and then back to Philadelphia College of Osteopathic Medicine for an Orthopaedic Residency which included rotations through five different hospitals. When asked what drew her to Osteopathic Medicine Dr. Chicorelli said that she embraces its strong holistic and mind/body component. She has passed her written and oral exams and after a period of two years will be eligible to become a member of The American Osteopathic Academy of Orthopedics.

During her years in the Master's program, medical school, and residency, the doctor has produced a long and impressive list of publications, articles in refereed journals, book chapters and some completed and active research.

When Dr. Anne Marie Chicorelli completed her residency, she was offered the Fellowship at Harvard Boston Children's Hospital. While in the hospital clinic she had the opportunity to care for members of The Boston Ballet. She was also a physician on site for numerous high school and college athletic events as well as the Boston Marathon.

Now it was time to choose a place to practice and so... her journey happily ended in Wooster. Dr. Chicorelli has offices in HealthPoint, 3727 Friendsville Road, Suite 5. To make an appointment, call 330.202.3420.

▪ Carolyn Abramson

A Commitment to Family



Photos: Wayne County Amish Country

Aaron Troyer remembers well that sunny morning in early September when he was out in the fields “tedding up hay,” and saw his brother walking toward him. “I just had that gut feeling that something was wrong,” said Troyer.

He was soon to learn that seven members of his wife’s family, including his wife, Nettie, had been involved in an automobile accident that would leave one sister-in-law dead, and his wife and several others seriously injured.

Yet Aaron has nothing but thankfulness in his heart this Thanksgiving. He is profoundly grateful that Dr. Nicolozakes, a Cardiologist with the Wooster Heart Group, just happened to be several cars behind the accident and although “off the clock,” willingly stopped and assessed the situation. Dr. Nicolozakes contacted the emergency medical system and gave a heads up to Wooster Community Hospital, which allowed medical treatment to be administered as soon as possible. “I have no doubt that Dr. Nicolozakes played a big part in our recovery and was instrumental in saving Nettie’s life,” said Aaron.

Dr. Nicolozakes knew just what to do, said Diane Windon, RN, manager of Inpatient Rehabilitation at WCH. “It’s rare to have that many traumas dispersed in 20-25 minutes.” Dr. Nicolozakes continued to check in with the family every few days at the hospital to visit and see how they were doing.

Troyer is thankful that, in spite of Nettie being transferred to a facility out of the area, she was later able to receive therapy at Wooster and be close by. Here, “we received the caring and compassionate service that we have experienced at Wooster hospital throughout the years,” said Troyer.

Troyer is appreciative that Bill Sheron, CEO of WCH, has reached out to the Amish Community over the years and dropped everything that September morning to assure him that Nettie could come back to WCH.

“Bill has always asked what he can do for the Amish community and has lived up to his commitment,” said Troyer. “I went in for advice and came out with the assurance that WCH would do whatever they could to meet Nettie’s needs and help her rehabilitate locally. WCH was here for us that tragic September day and we felt that this is where she needed to be.”

In spite of the dire circumstances, hospital staff considers themselves fortunate to have met and cared for the Troyer family. “The Rehab staff feel that they were blessed to be a part of all the family members’ recovery after such a traumatic event,” said Diane.

In this season of Thanksgiving, the Troyer and Weaver family is most grateful for a hospital that bent over backwards to meet their family’s needs, a doctor that gave of his precious time and energy to help a family in crisis, the quick response of local squads, eye witnesses who helped out and neighbors and family who pitched in to keep the home fires burning and ensure the crops got harvested.

“God, for some reason, allowed this to happen,” said Troyer, “and He put angels here to help us. We take so much for granted, yet we have so much to be thankful for. We really do live in a wonderful community. It’s humbling.”

▪ Jackie Buckwalter





Improving the Quality of Life

Hyperbaric oxygen (HBO) therapy involves the patient lying or sitting in a chamber that is filled with 100% oxygen, which has been shown to be most effective in the healing of many types of wounds.

Tim Hughes has lived in Millersburg, Ohio, for the past six years. Tim and his wife Kathy relocated from California where they own a business and once relocated to Millersburg, they opened a business there as well. Tim has lived with diabetes for almost fourteen years and until recently, he had no complications. But that changed in December of 2010.

On December 17, 2010, Tim was working out on gym equipment when his foot became caught. He went to the emergency room and the doctor suggested he visit a wound center, but he didn't go right away. After about 4 weeks of weekly treatments from his primary care physician, Tim decided he had better go to a wound center because he had a flight to California planned. After an examination by a podiatrist at the Wound Healing Center at Wooster Community Hospital, Tim was allowed to go on his trip but was advised to wear a surgical boot with minimal walking. Because there is a lot of walking required at airports, overdoing it and walking too much was unavoidable for Tim.

By the time Tim returned to Millersburg, the little toe on his injured foot had turned black. He returned to the Wound Healing Center and was admitted to the hospital right away to deal with the toe. Tim's foot would not heal due to his diabetes and the complications were mounting. Deciding to be proactive, Tim made some lifestyle changes and checked into hyperbaric oxygen (HBO) therapy at the Wound Healing Center at Wooster Community Hospital.

With the directions of his doctor and nursing staff at the Wound Healing Center and with the support of his wife, Tim changed his diet, got more exercise and lost weight. Then he began HBO therapy which was scheduled five days a week for eight weeks. He could see and feel the difference after only three weeks of therapy. Tim says he rested and watched television during his treatments. After months of pain, Tim's injured foot finally healed.

Tim says the nurses were wonderful and he enjoyed joking around with them when he went for his treatments. After the end of his care at the Wound Healing Center, Tim returned for a celebration with the staff where he provided lunch as a way to thank them for the care he received.

Tim chalks his success up to his change in lifestyle, the support of his wife Kathy, and the care he received at the Wound Healing Center. Since December of last year, he has learned to manage his diabetes--keeping a lower A1C, to keep his cholesterol low and maintain his blood pressure by healthy eating and proper exercise.

Wound Healing Center at Wooster Community Hospital has two HBO chambers, in addition to a variety of other wound healing treatments. For more information, contact the Wound Healing Center at 330.263.8750.

In addition, the hospital has an American Diabetes Association accredited Diabetes Self-Management and Education Program to help patients adjust their diet and lifestyle to their diabetes. For more information, contact the Diabetic Program at 330.263.8196.

▪ Gerri Cremer



Wound Healing Center Staff



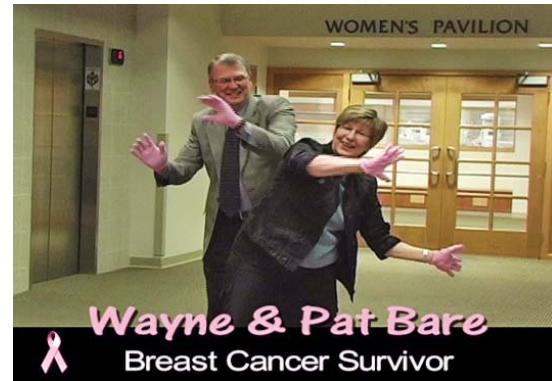
A Way to Make a Difference

For more than 20 years, the Wooster Community Hospital Auxiliary has funded mammograms. In an effort to continue the battle against breast cancer, mammogram funds are made available to low income, uninsured residents of Wayne County.

To benefit this fund, and in support of Wooster Community Hospital's ongoing fight against breast cancer, we are proud to offer a special evening of Holiday Music by John Schmid on Friday evening, **December 16th** at First Presbyterian Church in Wooster, at the corner of College Avenue and Bowman Street.

Beginning with a silent auction and social at 6:00 p.m., the evening will continue with John's performance at 7:30 p.m. All funds raised will support the Auxiliary's mammogram fund.

After multiple shoot locations, hours of video footage and thousands of votes via pinkglovedance.com, Wooster Community Hospital's Pink Glove Dance project brought Breast Cancer education and awareness not only to the Wooster community, but throughout the United States and Canada.



Wayne & Pat Bare
Breast Cancer Survivor

We take pride in serving our community and included various members of our community in our Pink Glove Dance video. Our focus included Wooster Community Hospital, the three academic institutions in Wooster (The College of Wooster, The OARDC and Wooster City Schools) and local couples who have survived Breast Cancer—Wayne & Pat Bare, Alex & Heather Nicolozakes, Ferenc & Candy Relle and Harry & Kathy Zink. A special thank you to all who took a moment to dance for breast cancer, share a story about breast cancer and view one or all 136 Pink Glove Dance videos that promoted breast cancer education and awareness. The Pink Glove Dance project brought together our city and reminded all of us that no one dances alone in the fight against breast cancer.

If you haven't had a chance to view Wooster Community Hospital's Pink Glove Dance video, check it out at pinkglovedance.com/competition/entry-35.

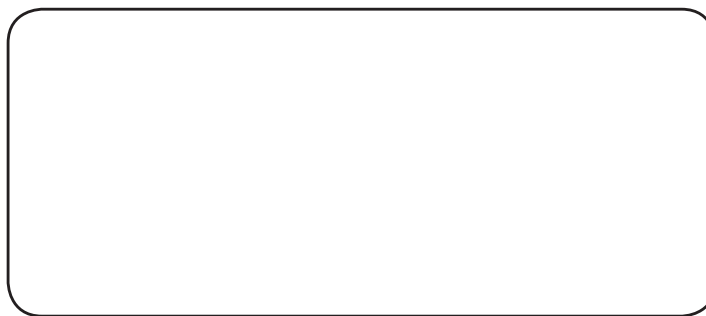
▪ Tricia James



We hope you will join us for a wonderful evening of holiday music – and to make a difference in a woman's life. Every \$100 raised provides a screening mammogram for a qualified individual. Thank you for helping us raise awareness and promote early detection of breast cancer. For more information, contact Carla Redick at 330.263.8299.

▪ Dave Rhoad

Wooster Community Hospital
1761 Beall Avenue
Wooster, OH 44691



Welcome Back

Dr. Linda Wang is a nurturer. Just ask her two kids....or the 17 sheep, one goat, two turkeys and the family dog that she and her veterinarian husband, Terry, care for on their Wayne County farm.

This wonderful nurturing quality is just one reason why we're thrilled to have her join our staff as a general surgeon this December. Wooster Community Hospital CEO Bill Sheron commented, "We are delighted to have Dr. Wang back and practicing in Wooster. She has been a valuable member of our Medical Staff for many years."

"My role as a surgeon is not only to perform surgery but also to help the patients understand their disease and to help them recover from it. We, as general surgeons, get to help others in their hour of need," said Dr. Wang. "It's a humbling profession." She is especially interested in breast diseases and breast cancer and brings a compassionate nature to her treatment.

"Breast disease is a very personal voyage with a whole range of experiences from diagnosis to treatment. Many patients dealing with breast disease and cancer may prefer a female surgeon. I feel that as a woman, I can better empathize with my patients and navigate their journey with better understanding."

Dr. Wang operates from personal experience as well. "I have had members of my family who have been touched by cancer and their experiences have helped me develop a better understanding of the needs of cancer patients."

Dr. Wang has been practicing medicine for more than 20 years.



Her zest for the challenges healthcare offers is another reason we're eager to have her on board. "I really chose medicine because I enjoy challenges. I want to tackle a disease and make the patient better. General surgery is a great field to be in because we can make such an impact on people's lives."

Fresh off of a year spent performing surgery in New Zealand, Dr. Wang said the experience allowed her to "expand her professional horizons, explore another country" and made the whole family just a little bit homesick for Wayne County.

"Home will always be the U.S.," said Dr. Wang. "Wayne County is a beautiful place to live and I am grateful that Wooster Community Hospital offered me a position which allows us to stay here. I'm so thankful that I've been given this opportunity to provide surgical care to the residents of Wayne County."

▪ Jackie Buckwalter